



PSYCHOLOGY, PSYCHOTHERAPY AND LIFE COACHING
DPsych (counselling), BSc (hons), MAPS

ABN 87 489 132 330

a life simply lived

PSYCHOLOGY

May 4th, 2020

Dear Valued Clients and Community

The team at A Life Simply Lived Psychology are thrilled to let you know that as of Monday 11th May, we will be offering the option of face to face sessions once again, from our Boort, Cohuna and Swan Hill offices (school visits will be resumed once school does for all kids). To keep everyone safe, we will be following strict social distancing and hygiene guidelines, and will be checking in to make sure that everyone is well (including us). To minimise risk, our waiting rooms will remain closed for now, and we will ask you to wait in your car until we message you that we are ready to go. You will be contacted the day prior to offer you the option of face to face (we can switch to phone or online at the last minute if you need to) , and we will also be in touch with those of you patiently waiting until we could see you in person. If you have been thinking about reaching out, please do, we are here to support you. Of course, we will always continue to offer video and phone sessions for anyone who needs or prefers them. If you have any questions, please call us on 0439320444 or email admin@alifesimplylived.com.au

Warm regards,

Naomi and the ALSLP team

